

Phone: +44 (0)24 7693 5285 | Web: Ketosource.co

# Nutrition Analyst Internship Program

Paid Part-Time or Full Time Tracks Available for Students & Alumni

## Who We Are & What We Do

Ketosource specializes in applying ketogenic diets and fasting to health goals. We undertake and translate research into practical actions that deliver results for people.

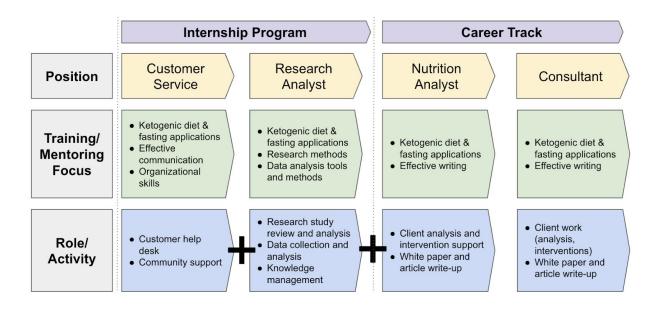
We have a reputation for evidence-based consulting, research, thought leadership and products. <u>See our work here</u> and <u>our research activity here</u>.



Over 3 years we have built a track-record of creating predictable results for clients. We enjoy rapid growth thanks to client success and receiving Virgin Startup funding at an early stage. As a result we already serve the UK, Europe, and the USA.

# Your Internship Program

The internship program moves you through several roles at Ketosource. These are designed to prepare you for a Nutrition Analyst position via training and mentoring on specific skill sets.



Your progression on the internship program is as follows:

- 1. *Start in customer service:* Here you'll gain an understanding of the company and learn how to work with clients on basic issues.
- 2. *Move up to research analyst:* At this stage you learn how we use the evidence-base and our internal data to create great client outcomes.
- 3. *Complete the internship:* Promotion to full-time nutrition analyst. Begin contributing to new research, client solutions and client work.

### Your Learning and Growth

- In this position you will receive training and mentoring on the key skill sets needed to work at Ketosource. Our standards are very high. So while you may have some experience with these/ you will find yourself on a steep learning curve with each.
- Learning and growth are embedded into the culture at Ketosource. Simply put we believe in constant growth of ourselves and the team as a whole.
- We believe continual innovation is not only necessary to ensure world class results for clients but that it keeps the work fun and exciting for us.
- A few practical examples of how this translates to your life at Ketosource:
  - a. **Mentoring:** We have a strong culture of mentoring. When you start at your job, you will work closely with a mentor who will steadily pull back and give you space to grow as you settle in to the position. This will be an ongoing relationship you will turn to for help/ support or advice at Ketosource.
  - b. Weekly Growth Commitments: In "Team Monday" meetings everyone selects something to improve their quality of work and/ or the value delivered to clients. This keeps us constantly learning and growing.

#### What You Need for this Role

- Your location isn't important for this role. We are based in London, where the HQ is, but team members work virtually on flexible hours from across the UK and globally.
- Your most important attributes are you drive/ motivation, ability and interest in nutrition and your high standards for the work you undertake.
- You should be familiar with the use of basic computer-based and cloud based applications (e.g. google docs, sheets, email etc.)

#### APPLY FOR THIS INTERNSHIP

To apply for this internship please send a brief note on "Why you'd like to join the Ketosource team" and your details (LinkedIn or CV) to <u>careers@ketosource.co.uk</u>.